

Employee Assistance Program — Information for Employers

Eucalypt Therapy · Ashmore QLD (Gold Coast) & Deakin ACT (Canberra) · hello@eucalypttherapy.com.au · 0417 508 502

What the EAP is

The Eucalypt Therapy Employee Assistance Program gives your team confidential, short-term counselling and wellbeing support — funded by you, the employer. Sessions are trauma-informed and delivered by an Accredited Mental Health Social Worker.

What your team can use it for

- Work stress and burnout
- Anxiety and low mood
- Grief and loss
- Relationship and family difficulties
- Trauma and critical incidents
- Managing change and workplace conflict

How it works

- A simple service agreement — no complex onboarding
- Blocks of sessions your team can draw on as needed
- Appointments at our Ashmore (Gold Coast) or Deakin (Canberra) rooms, or telehealth nationwide
- Prompt response times so your people are seen quickly
- De-identified, overall usage reporting only — session content is never shared

Confidentiality

What employees discuss stays between them and their practitioner. Employers receive only de-identified usage information, never the content of sessions.

Fees

EAP arrangements are employer-funded under a straightforward agreement, with fees based on the number of sessions your organisation needs. Contact us for a quote.

Get started

Email hello@eucalypttherapy.com.au or call 0417 508 502 to discuss an arrangement for your team. Forward this sheet to your HR contact to start the conversation.